

FULTON COMMONS CARE CENTER

NURSING DEPARTMENT

POLICY AND PROCEDURE  
PERSONAL CAREGIVING VISITOR

JUNE 1, 2021

**POLICY:** It is the policy of FCCC to permit designated family members, close friends or a legal guardian that the resident has named to assist with personal caregiving **Personal caregiving is defined as care and support of a resident to benefit such resident's mental, physical, or social well-being.**

**PROCEDURE:**

- (1) These visits will be permitted within the facility if there is not an increase in local infection rates, temporary inadequate staff capacity, an acute emergency situation arises such as a loss of essential services and/or because a personal caregiving visitor poses a threat to the safety and well-being of the resident or personnel in the facility. **If the COVID infection rate increases in the facility these visits will be suspended for a 14-day quarantine period.**
- (2) The resident will be entitled to designate two (2) personal caregiving visitors.
- (3) The following will be required of all personal caregiving visitors:
  - a. Proof that they are free of any communicable diseases. Measle, Mump, Rubella and Varicella titers will be required as well of proof of a PPD.
  - b. The caregiver will need to have a Rapid COVID swab done upon entering the facility **EACH time** they will be providing personal care.
  - c. These visitors will need to don the appropriate PPE as identified by the facility
  - d. All personal caregivers prior to any such visitation **MUST** be trained in the task they are going to do, show a return demonstration that they are capable of doing such task and then the discipline approving that the caregiver is proficient in this task will document in the medical record.
  - e. There will only be allowed two (2) personal caregivers at the resident's bedside. The duration of the visit will be determined by the staff per the task that is being performed and **NOT** to exceed 60 minutes. The following are some of the criteria for personal caregiving visitors but not limited to them specifically:
    - (1) FEEDING- one (1) person for 30 minutes per meal
    - (2) SHOWERS- one (1) person not to exceed 60 minutes
    - (3) BED BATH-one (1) person not to exceed 60 minutes and when a shower has been refused.
    - (4) MEDICATION ADMINISTRATION/BEHAVIOR MGT. one (1) person for 30 minutes when medications are given.

f. The resident has the right to deny or withdraw consent at any time.

- (4) The physician caring for the resident in the facility **MUST DOCUMENT** the following:
- a. That the personal caregiving visit will substantially benefit the resident's quality of life, including a statement from the MD that the personal caregiving visitation will enhance the resident's mental, physical, or psychosocial well-being, or any additional criteria to show evidence that the resident's quality of life will benefit from such a visit.
  - b. These statements from the medical provider will be maintained in the resident's medical record as well as in the residents individualized comprehensive plan of care.
  - c. If the personal caregiving visitation becomes **NOT beneficial** to the resident it will be discontinued and reflected in their comprehensive plan of care.
- (5) For those resident's lacking capacity either at the time of admission or already residing in the facility the designated representative for these residents will be asked which two (2) individuals meeting the criteria will be their personal caregiver.
- (6) The facility through Nursing/Social Work will maintain a written record of the residents designated personal caregiving visitors in an individualized comprehensive plan. Also documented in the individualized plan of care will be when the personal caregiving visits are provided.
- (7) Documentation in the individualized plan of care will also include
- a. An ongoing review of whether the facility's current record of personal caregiving visitors remain accurate or whether the resident or designated representative if the resident lacks capacity wishes to make any changes to their personal caregiving visitor designations. The comprehensive plan of care will then be updated with any such changes. These updates will be done upon admission, quarterly and whenever a change prior to these times occurs.
- (8) In regard to Infection Control measure the personal caregiving visitor will
- a. Adhere to Infection Control measures
  - b. Rapid on-site testing of these designated visitors will be done upon **EACH** visit to the resident no matter the number of times they are visiting.
  - c. The temperature of the visitor will be taken upon entry into the facility for each visit and if the temperature is above 100 degrees Fahrenheit the visit will be denied.
  - d. All personal caregiving visitors will don the appropriate PPE as indicated by the facility.

- e. Social distancing will be maintained between persons during the visitation except as necessary to provide personal caregiving by the personal caregiver for the resident.
- (9) In the event that the resident is in a shared in order to ensure privacy and proper visitation protocol the duration of the visit will be determined by the staff in accordance with the task(s) being performed. Any restrictions on the desired frequency and duration must be:
- a. Attributed to the resident's clinical or personal needs
  - b. Necessary to ensure the resident's roommate has adequate privacy and space to receive their own designated personal caregiving visitors
  - c. Because the desired visitation frequency or duration would impair the effective implementation of the applicable infection control including social distancing of at least six (6) feet between visitors and others in the facility, sufficient staff to effectively screen all personal caregiving visitors and monitor visits to ensure infection control protocols are being followed throughout as well as having sufficient PPE for all personal caregivers.

The purpose of this policy/procedure is to benefit the health and well-being of the nursing home resident.

June 1, 2021  
Carol Frawley RN, DNS 